

INTERBIO-21<sup>st</sup> PTID Number    0 7 -    Hospital/Clinic Code

Infant Hospital Record No.

Infant Date of Birth    Visit Date

Please record the age (in months and weeks) at which your child first achieved each of the milestones below.

**Sitting without support**

"Child sits up straight with her/his head erect for at least 10 seconds. S/he does not use arms or hands to balance body or support position."



mths   
  weeks   
 Never observed

**Hands-and-knees crawling**

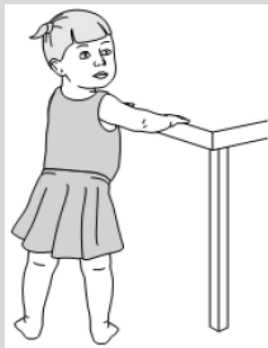
"Child alternately moves forward or backward on hands and knees. Her/his stomach does not touch the supporting surface. There is continuous and consecutive movements at least three in a row."



mths   
  weeks   
 Never observed

**Standing with assistance**

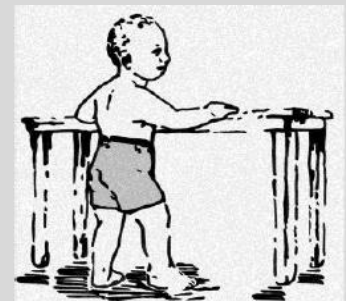
"Child stands in upright position on both feet, holding onto a stable object (e.g. furniture) with both hands without leaning on it. Her/his body does not touch the stable object and the legs support most of her/his body weight. Child thus stands with assistance for at least 10 seconds."



mths   
  weeks   
 Never observed

**Walking with assistance**

"Child is in upright position with her/his back straight. Child makes sideways or forward steps by holding onto a stable object (furniture) with one or both hands. One leg moves forward while the other supports part of the body weight. Child takes at least five steps in this manner."



mths   
  weeks   
 Never observed

**Standing alone**

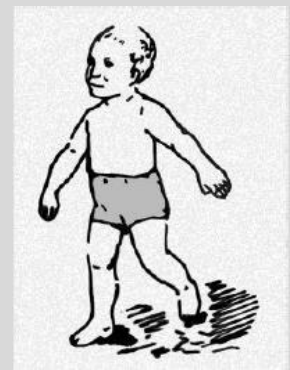
"Child stands in upright position on both feet (not on the toes) with the back straight. Her/his legs support 100% of the child's weight. There is no contact with person or object. Child stands alone for at least 10 seconds."



mths   
  weeks   
 Never observed

**Walking alone**

"Child takes at least five steps independently in upright position with the back straight. One leg moves forward while the other supports most of the body weight. There is no contact with person or object."



mths   
  weeks   
 Never observed

Source of quoted text ("..."): Wijnhoven TM, de Onis M, Onyango AW et al. (2004) Assessment of gross motor development in the WHO Multicentre Growth Reference Study. Food Nutr Bull 25, S37-45.

Name of Researcher

Signature

Researcher Code